## **CLAIMS**

What is claimed is:

- 1 1. A method for rewarding user behavior, the method comprising:
- 2 enrolling a user into a reward program, the reward program encouraging user
- 3 behavior beneficial to health;
- 4 collecting data associated with the user behavior beneficial to health; and
- 5 evaluating the collected data to determine whether the collected data satisfies
- 6 a performance target defined by the reward program.
  - 2. The method of claim 1 further comprising dispensing an award to the user if
- the collected data satisfies the performance target.
  - 3. The method of claim 1 wherein collecting data further comprises receiving
- 1 2 data downloaded from a personal data capture device.
  - 1 4. The method of claim 1 wherein the user behavior beneficial to health pertains
  - 2 to any one of a fitness activity, a medical treatment, and dietary habits.
  - 1 5. The method of claim 1 wherein the reward program defines a start date and
  - 2 an end date for the user behavior beneficial to health.

1 6. The method of claim 5 wherein the performance target identifies the amount

- 2 of points that the user must accumulate by engaging in the behavior beneficial to
- health between the start date and the end date. 3
- 1 7. The method of claim 5 further comprising providing constant feedback of
- 2 behavior information to the user.
- 1 8. The method of claim 1 wherein an initiator of the reward program is a third
- 2 1 2 3 4 party benefiting from the user behavior beneficial to health.
  - 9. The method of claim 1 further comprising:
  - displaying a plurality of reward programs, each of the plurality of reward
  - programs rewarding user engagement in a particular health-related activity;
    - receiving an indication of a user selection of one of the plurality of reward
  - 5 programs; and
  - 6 displaying a list of awards available for the selected reward program.
  - 1 10. The method of claim 1 wherein a group of users is enrolled in the reward
  - 2 program and wherein the method of claim 1 further comprises utilizing the reward
  - 3 program to control health-related activities of the group of users.

- 1 11. The method of claim 1 further comprising determining a list of awards that
- 2 may be of interest to potential participants of the reward program based on
- 3 demographic reports.
- 1 12. A system for rewarding user behavior, the system comprising:
- 2 a registration module to enroll a user into a reward program, the reward
- 3 program encouraging user behavior beneficial to health; and
- a point counter to collect data associated with the user behavior beneficial to
- 5 health and to evaluate the collected data to determine whether the collected data
  - satisfies a performance target defined by the reward program.
  - 13. The system of claim 12 further comprising a redeem process to dispense an
- 2 award to the user if the collected data satisfies the performance target.
- <sup>1</sup>/<sub>2</sub> 1 14. The system of claim 12 wherein the point counter is to extract a data portion
  - 2 associated with the user behavior beneficial to health from data captured by a
  - 3 personal data capture device.
  - 1 15. The system of claim 12 wherein the user behavior beneficial to health pertains
  - 2 to any one of a fitness activity, a medical treatment, and dietary habits.

- 1 16. The system of claim 12 wherein the reward program defines a start date and
- 2 an end date for the user behavior beneficial to health.
- 1 17. The system of claim 16 wherein the performance target identifies the amount
- 2 of points that the user must accumulate by engaging in the behavior beneficial to
- 3 health between the start date and the end date.
- 1 18. The system of claim 16 further comprising a user interface to provide constant
- 2 feedback of behavior information to the user.
  - 1 19. The system of claim 12 wherein an initiator of the reward program is a third
- 2 party benefiting from the user behavior beneficial to health.
- 1 20. The system of claim 12 further comprising:
- a user interface to display a plurality of reward programs and a list of awards
- 3 available for each of the plurality of reward programs, each of the plurality of reward
- 4 programs rewarding user engagement in a particular health-related activity.
- 1 21. The system of claim 12 wherein a group of users is enrolled in the reward
- 2 program and the reward program is use to control health-related activities of the
- 3 group of users.

- 1 22. The system of claim 12 further comprising an analyzer to determine a list of
- 2 awards that may be of interest to potential participants of the reward program based
- 3 on demographic reports.
- 1 23. A computer readable medium that provides instructions, which when
- 2 executed on a processor, cause said processor to perform operations comprising:
- 3 enrolling a user into a reward program, the reward program encouraging user
- 4 behavior beneficial to health;
- 5 collecting data associated with the user behavior beneficial to health; and
  - evaluating the collected data to determine whether the collected data satisfies
  - a performance target defined by the reward program.